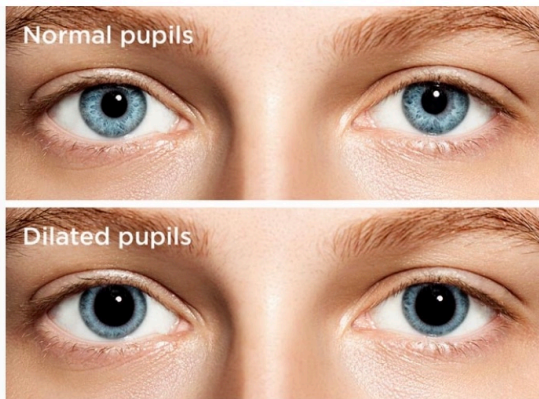


# Diabetes

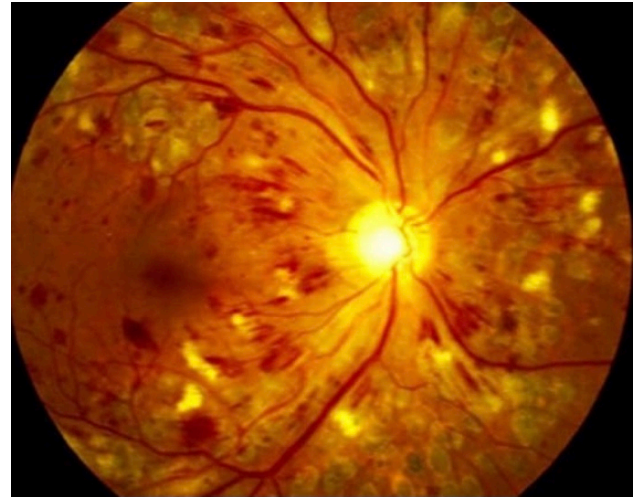
## Why Do We Ask?

Diabetes is the most common cause of preventable blindness world-wide. Particularly in those whose blood glucose levels are not under good control, diabetes can cause bleeding and scarring in the back of the eyes (the retinas), which can lead to serious vision problems.

Diabetes also increases the risk of developing glaucoma.



If  
you  
have



diabetes, we'll check your eyes annually, through dilated pupils to best check your retinal health.

This means we recommend that you avoid driving for the following 4 hours, and you'll need to bring some sunglasses to your checkup to help with glare sensitivity after your examination.

We'll happily provide a report for your GP as well.